

CD 1

1 SARVESHAM

Sarve - sham Svas - tir Bhavatu
Sarve - sham Shan - tir Bhavatu
Sarve - sham Pur - nam Bhavatu
Sarve - sham Man - ga - lam Bhavatu
Om - Om Shanti Shanti
Maha Mangalam... Shanti Om

2 MOOLA MANTRA

Il: Om Sat-Chit-Ananda Para-brahma
Purushot-tama Para-mattama
Sri Bhagavati Sametha Sri Bhagavate Namaha :ll
Il: Hari Om Tat Sat, Hari Om Tat Sat,
Hari Om Tat Sat, Hari Om Tat Sat :ll

3 AYODHYA VASI RAM

Il: Ayo-dhya Vasi Ram Ram Ram :ll
Il: Dasharatha Nanda-na Ram Ram :ll
Il: Pa-tita Paa-vana Janaki Jivana Sita Mohana Ram :ll

4 GAYATRI MANTRA

Om Bhur Bhuvaha Svaha Tat Savitur Varenyam
Bhargo Devasya Dhimahi Dhiyo Yo Nah Prachodayat

5 MAHA MRITYUNJAYA MANTRA

Om Tryambakam Yajā-mahe
Sugand-him Pushti-varḍha-nam
Urvā-rukami-va Bandha-nān
Mrit-yor Mukshī-ya Māam-ritat

6 SHANKARA KARUNAKARA

Il: Shan-kara Karuna-kara Paramesh-vara Jagadish-vara :Il
Il: Shan-kari Karuna-kari Paramesh-vari Jagadish-vari :Il

7 SAT NARAYAN WAHE GURU

Sat Narayan Wahe Guru Hari Narayan Satnam

CD 2

1 BUDDHAM SARANAM GACCHAMI / Namō Tassa

Il: Buddham Saranam Gacchami :Il

Il: Dhammam Saranam Gacchami :Il

Il: Sangham Saranam Gacchami :Il

Il: Namō Tassa Bhagavato :Il

Il: Arahato Samma Sambuddho :Il

2 WAH YANTI - WAHE GURUDEV

Wah Yanti Kar Yanti

Dschage Dute Patti Aadik Itte Wah

Brahma de Trescha Guru Itte Wahe Guru

Wahe Gurudev - Wahe Gurudev *Ende: Tat Sat*

3 TILAKHANA MANTRA

Sabbe San-khar-a (A)**nicca-**ti

Ya-da Pan-na ya Passa-ti

Atta Ni-bin-da-ti Dukk-he

E-sa Mag-go Vi-shud-dhia

E-sa Mag-go Vi-shud-dhia

E-sa Mag-go Vi-shud-dhia

beim 2. Mal: Sabbe Sankhara **Dukkha-** ti..... 3 x Esa Maggo...

beim 3. Mal: Sabbe Dhamma **Anatta-** ti..... 6 x Esa Maggo...

4 LOKAH SAMASTAH

Il: Lokah Samastah Suk-hin-o Bhavantu :Il

Il: Om Shanti Shanti :Il Shanti-i

5 OM ASATO MA SAT GAMAYA

Om Asa-to Ma Sat Gama-ya

Tamaso Ma Jyo-tir Gama-ya

Mrityor Ma-am-ri-tam Gama-ya

6 OMAH HUNG - GURU RINPOCHE MANTRA

Om Ah Hung Benza Guru Pema-a-a-a Siddhi Hung

7 BUDDHAM SARANAM GACCHAMI

Buddham Saranam Gacchami

Dhammam Saranam Gacchami

Sangham Saranam Gacchami